



especially in metropolitan areas.

Economic impacts (CA)	<b>\$650 billion</b> <b>32%</b> of the California e
Employment (CA)	5 million 33% of California jobs
Consumed (US)	27.8% of total energy 70% of the petroleum
Produced (CA)	50% of diesel PM 45% of the Nitrogen Ox 24.2% of GHGs



An Institute of Transportation Studies Program

## Improving Freight Efficiency in California

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End your week at 5 p.m., for example, and you have 8 hours before reaching the first 1 a.m5 a.m. period, and then another 28 hours before the end of the second 1 a.m5 a.m. period— <b>36 hours before</b> you could go back on duty.											Drivers must end their work week <b>between 7 p.m. and 1 a.m.</b> to take advantage of the 34-hour restart. That's a window many carriers and truck drivers may find heref the bar on Surday.														1 to 5 w	veel a.n o wa <b>1 h</b> vhei	k be n. h ait, oui n th	efor ave bet rs, c iey	ie end their re 7 p.m. or after e a longer time <b>tween 35 and</b> depending on go off duty.																			
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